II V I Progression

CAGED

12345

(Shapes are numbered 1-5, eg. An E shape is numbered 4)

	Am7	D7	Gmaj7
0/12 position	2	5	3
3rd position	3	1	4
5th position	4	2	5
7th position	5	3	1
10th position	1	4	2

VI II V I Progression

CAGED

	E7/Em7	Am7	D7	Gmaj7
0/12 position	4	2	5	3
3rd position	5	3	1	4
5th position	1	4	2	5
7th position	2	5	3	1
10th position	3	1	4	2